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How I Learned To Interpret Dreams

I was an unusual kid. I was the only one on the block who had the ability to interpret dreams. No, I was not super spiritual, I was just blessed enough to be born into the right home. From a young age I understood the basics of dream interpretation as my father (Apostle Les D. Crause) taught them to me.

Every day friends would come to me with their dreams. I could easily explain what they meant or if they had no meaning at all.

I guess what I am trying to say here is that learning to interpret dreams is easy enough even for a child to master. It does not take years of study or deep psychological training. In fact with a few simple principles, you will be well on your way to interpreting dreams for yourself and for others.

No one is born knowing how to interpret dreams. It is taught and anyone can learn it. In this eBook I am going to get you started and by the end, you will have in your hands the tools you need to interpret dreams starting the next time you wake up with a dream that you remember!
The Basics

Everyone dreams. Both believers and unbelievers dream. So what makes the difference between the dream of a believer and of an unbeliever? The difference lies in the indwelling of the Holy Spirit. While everyone dreams, not everyone receives messages from the Lord as we can as believers.

So the first building block of understanding dream interpretation is to understand that dreams are a natural function of the human soul! There are dreams where we are expressing our desires or living out the conflicts we have faced during the day.

These are a natural function of the soul. All of our held back tensions and pent up emotions come out in dreams. Even an animal has dreams like this!

Just watch a puppy sleeping and you can only imagine what he must be dreaming. Twitching and making sucking sounds, you can imagine that he is dreaming of fighting with his brothers and sisters for a chance to make it to mom!
The Purging Dream

Well humans experience the same sort of thing. When you have dreams of accomplishing magnificent things or living out your fantasies, you are experiencing what we call a Purging or Cleansing dream. Everyone has them and they are by far the most common.

In these dreams, you will have intense emotions and can even wake up crying or laughing. These dreams do not have an interpretation. They are just an expression of your feelings and desires.

The Garbage Dream

Not all of our dreams are purging though. It is a fact that in today’s society we receive more input than our ancestors did. Daily we are being bombarded from all sides.

Everything you receive from TV, news Media and radio to what you hear from the pulpit, enters your mind at an alarming rate. With so many voices shouting at us all of the time, if we did not dream, I can imagine that we would have an input overload!
Garbage dreams take care of that. They work through everything you have been putting into your mind. In many ways, it is a way of your mind ‘sorting through the junk.’

Everyone has these kinds of dreams; however, as believers you will find that if you start getting into the Word, you will have more of these dreams.

This is a good sign! It means that your mind is throwing out the junk and making space for the Word of God that you are now putting into your spirit.

These dreams are quite simple to identify. They have many scene changes and are quite confusing. They do not have a single message and can contain lots of different characters and symbols.

They can also include real situations and things that you are experiencing right now! They will reflect the circumstances that are surrounding you, the things you have been reading and the conversations you have had.

These dreams have no meaning. Just think of them as a ‘sorting pool’ for your mind.
The Internal Dream

This is the first category of dream that brings a message and both believers and unbelievers can have them. These dreams are conditioned by your life experience, culture and gender. So dream symbols often mean something different to each one!

Internal dreams are short, have a single message and you are the star character in the Dream.

So when a friend came to me and shared a dream, just using the principles below, I could give a pretty good interpretation. It was literally, child’s play. So are you ready for it?

Interpretation in 4 Easy Steps

In my book The Way of Dreams and Visions I give a full teaching on each step you need to take. However, over here I am just going to give you a quick summary. This should be enough to whet your appetite and give you what you need to interpret your dreams right away!

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1. Everything is Symbolic

Every character, object and building in your dream is symbolic of a part of yourself and your life. This one principle alone changes your entire view of dream interpretation.

It is a common mistake for people to misinterpret the people and objects in their dreams as the real thing. This is a big mistake! If I dream of Aunty Pat throwing a cream pie in my face, I certainly do not have to fear visiting her for Thanksgiving!

It is symbolic and Aunty Pat is a picture of a part of me. If Aunty Pat is an aggressive woman that tends to dominate others, then she could represent my will in this dream. Identifying the characters in your dream is the very first step to gaining an understanding of what your dreams are saying.

In fact just by identifying your dream category and then identifying the symbols, you will already have an idea of what your dream is speaking about.

This goes for buildings, animals or any kind of object in your dream. If you dream that your house is being broken down, you do not need to rush out and buy
more insurance. Your house is just a picture of your life.

This opens up a whole new world to you! Many common symbols crop up in our dreams and I will give you some interpretations for them later on. In fact, in my DAV Symbol Dictionary, I supply a comprehensive list of all the characters and scenarios and their interpretations.

2. Good is Great. Bad is...well...bad.

Understanding what the characters in your dream represent is just the first step. It is also very important to determine if that character is playing a positive or a negative role in your dreams.

This alone can turn your interpretation right around. If I dream that my house is being torn down, it can be positive or negative. If your house is being torn down so that something bigger can be built, it means that you are in a process of growing spiritually and mentally in your life right now.

However if your house is being bombed by terrorists or torn down by a storm, it means that you are facing
some severe attack in your life right now and that you are falling apart.

Do you see what I mean? In both cases...once again the house is a symbol of your life. It does not speak of your actual house and you do not need to fear a sudden invasion of terrorists ok?

3. Everything is About You

It’s your dream. It’s your life. It’s about YOU!

Another big mistake that people make is that they think if they dream of someone else that the dream is for that person. It’s a bit ridiculous actually. If you dream that your co-worker falls pregnant, I would certainly not rush to them and announce the good news!

Not only will you be wrong, but every time you head for the coffee machine the other co-workers might suddenly find a reason to be somewhere else...

Hmmm, I get the feeling that some folks reading this might have made this mistake a few times. Not to worry though! There is hope.
Keep in mind that because the characters in your dream are a picture of yourself, the dream is a message for you. These dreams are a depiction of what is going on inside of you right now and often also refer to events that happened in the past.

Either way, you are the star of this show and it’s all about YOU!

4. Identifying the Message

It is important to remember that an internal dream has a single message. If your dream has lots of characters and scene changes, then it is a garbage dream and does not have an interpretation.

By identifying the symbols in your dreams and determining if they are given in a positive or negative context, you are armed with everything you need to identify the message.

To show you how simple this is, I am going to take a few of the dreams posted on our Dreams and Visions forum and I am going to break it down for you.

I will be using the entries from the DAV Dictionary so that you can see exactly how to use it.

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Beyond the Basics

I have only covered the dream categories that apply to everyone. Believers experience way more than this because of the Holy Spirit within them. They can also experience Internal Prophetic Dreams and also External Prophetic Dreams.

These dreams are a direct message from the Lord where the characters and objects in their dreams are symbolic of something in the Word!

For example, very often your father in such a dream is a picture of God the Father. Your mother could be a picture of the Church and your spouse could represent your recreated spirit in Christ or your relationship with the Lord Jesus.

This is a very exciting realm and one I cover in detail in the Way of Dreams and Visions book.

For now though I want to get you started with basic dream Interpretation. So I will put this particular subject on hold.
LIVE Dream Interpretation

Below are some actual dreams submitted to our forum.

Using actual entries from the DAV Symbol Dictionary, watch how I interpret each dream. By the time we get to the last dream, see if you can identify the interpretation before you read my answer.

Dream 1: Marriage

It was my wedding day- and I had the morning to arrange my dress, wedding rings (for myself and my hubby), dress, hair and makeup. I was in control but was running out of time.

My sisters were there with me, asking me questions and trying to assist, but it was clear that they had not been privy to my plans. I don't know who I was getting married to, but I woke up assuming that it was someone that I wanted to be with.

I woke up while I was still getting ready.

Do you think it means something? M.
Interpretation 1: Marriage

I will begin by identifying the symbols in this person’s dream. Once I have done that, the interpretation will come together nicely.

The Symbols

1. Wedding (and wedding dress)

Taken from the entry “Bride” in the DAV Dictionary.

The wedding ceremony is a covenant ritual that symbolizes two people giving themselves completely to one another. In the Old Testament when two people performed a covenant ritual, they were saying, “All my strengths belong to you. All my possessions belong to you. Nothing I own belongs to me alone.”

Keep this imagery in mind when considering both the Bride and Bridegroom as a symbol in your dreams and visions. (For more on blood covenant read The Doorway to Life by Apostle Les D. Crause)

Dreams: Positive

Relevant for both Bride and Groom
The image of a bride is a picture of someone willingly entering into a covenant with someone else. We as the church are called the Bride of Christ. It represents purity, belonging and giving everything to the one you love.

**Ephesians 5:27** That he might present it to himself a glorious church, not having *spot*, or wrinkle, or any such thing; but that it should be holy and *without* blemish

**Bride**

If you have a vision of being a bride, the Lord is calling you into an intimate relationship with Him. To put aside all your own striving and works and to let Him lead and be in control.

**Negative**

**Relevant for both Bride and Groom**

If you dream of being married to someone that you do not like, it could be an indication that you have ‘joined yourself’ to something that is not of the Lord.
It is worth mentioning that just because you dream of marrying someone is NOT an indication that you will really marry them. Keep in mind that the people and objects in your dreams are symbolic.

2. **Rings**

Taken from the entry “Ring” in the DAV Dictionary.

**Positive**

To receive a wedding ring in a dream speaks of your relationship with the Lord. It is a picture that He desires to draw you into a more intimate relationship with him.

If you dream of your actual wedding ring it could speak of your marriage at the moment.

If you dream of a wedding ring from a previous marriage, it could speak of your old marriage.

If you dream of a ring you received as a child it could speak of memories or circumstances that are being stirred up again in you from that era.

**Negative**

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If you dream that you lose your wedding ring it could be an indication that something is wrong either with your relationship with the Lord or with your current spouse.

3. Hair

Dreams

Hair is a good picture of the image we present to the world. It is amazing how much a person’s looks change simply by changing their hair.

Positive

To dream that you are changing your hair is an indication that you are going through a change in your personal image. How you feel about this change in your dream will tell you if you are in conflict about this change or if you feel ready for it.

To dream of having beautiful hair that you enjoy having means that you are feeling confident about who you are.

Negative
To dream that your hair is damaged, ruined or destroyed is a picture of a conflict you are going through. It could be that you are feeling insecure about your image at the moment. It could also be an indication of some insecurity that is coming up inside of you at the moment.

Perhaps there are circumstances in your life that are bringing up old conflicts from the past or situations where you are at a point of weakness and you feel vulnerable.

4. Sisters

Taken from the entry “Siblings” in the DAV Dictionary.

Dreams

It is important that you identify what kind of relationship you have with your sister or brother. When you think of your sister or brother what is the first thing that comes to your mind to describe them?

What about them stands out the most? Perhaps your sister is willful – she could speak of your will.

Maybe she is insecure, in which case she would speak of insecurity. Perhaps your brother is highly
intellectual, then he would likely speak of your intellect. Maybe your brother was the kind of person that always protected you – in this case he could speak of the Holy Spirit in your dreams.

**Positive or Negative**

It is clear to see that the symbols in this dream are all positive. You will note as well that I cannot give this person a full understanding of what her sister means in this dream.

When you are interpreting a dream for someone live, it is good to ask them some questions about their relationships with the characters in their dreams.

From there you can help them identify what that character is a picture of for them.

**The Final Interpretation**

Dear M,

This is a wonderful dream and a picture of what the Lord is doing in your life right now. The scriptures speak of the church being the bride of Christ, meaning that we are one with him. Since you are a believer, this
dream indicates that He is drawing you into an intimate relationship with Him.

Have you been seeking the Lord about experiencing more of Him? This dream is not only an answer to your prayer but a message that the Lord delights to reveal Himself to you.

So many believers just do not realize that the Lord Jesus wants to know them face to face. Your dream is an invitation from Him to enter into this relationship.

You do not need to be stressed about this or worry about ‘being too late’ because the Lord Jesus will wait patiently for you, just like a groom waits for His bride.

The rings on your fingers are the promise of His covenant with you and the wedding dress is a picture of how He is preparing you right now to come into that relationship. You are about to go through some change and this change will not just be on the inside, but will shine on the outside as well.

Just as in the dream, you put on make-up and your hair was made up, it is a picture of how this
relationship is going to start showing on the outside too! Everywhere you go, others will see Jesus on you.

This is a wonderful promise. So open your heart wide and continue developing your relationship with the Lord because it is about to jump to a whole new level.
Dream 2: Keys Big Warehouse

I had a dream that my pastor had given me many keys, and he told me that he was entrusting me with these keys, and it was to a huge warehouse.

When he gave me the keys I was shocked when he said this is all yours to take care of. He also said it was for my ministry.

Interpretation 2: Keys Big Warehouse

The Symbols

1. Pastor

Taken from the entry “Man” in the DAV Dictionary

A Man You Know

It is important to identify what the character in the dream means to you. If this is a man you know well, what do you think he means in your life?

If he is a spiritual father to you, then he could speak of the Lord in your dreams.
If he is a friend from the past, identify what characteristic stands out to you the most about this person.

If he is a close friend that you often rely on when you need help, he can be a picture of the Holy Spirit to you.

Further if you dream of a well-known person, consider what he stands for (This also applies to a woman character). It is common to dream of a famous character such as the president or a pastor.

Now when you have a dream of such a person, instead of applying the dream directly to them, consider what they would represent. A president could be a representation of the world system or government system.

**A pastor in your dream (depending on your relationship with that pastor), could represent the church system or even the Lord’s work in your life.**

Unknown man
A familiar but unknown male character in an internal dream often speaks of your masculine side – the anima. This side is left brained, analytical, and logical.

Spiritually speaking, a man in your dreams often represents a teaching function. Perhaps you might dream that you are embracing this strange man. This would mean that the Lord desires you to embrace your teaching orientation.

Perhaps you dream that a man that you are familiar with in your dream, but do not know in real life dies. This would mean that your analytical nature is being brought to death.

If the Lord has been leading you into a teaching orientation in ministry, you might dream of meeting or marrying a man that you feel comfortable with, but do not know in real life. This dream would confirm your direction in moving towards a teaching function.

Review the ‘Woman’ symbol for an all round look at the animus and anima.

See Also: Father, Woman
2. *Key*

A key speaks of license, authority and calling. Every believer has been given a key to salvation. When you became born again, you were given the name of Jesus to use against the enemy. You were given the license to loose and to bind.

I encourage you to read *The Way of Blessing by Les D. Crause* to understand this powerful concept.

**Dreams and Visions**

I often see keys in the spirit. We see a golden key when releasing a person into prophetic training and a large jewel encrusted key when releasing someone into the apostolic. Les D. Crause often sees a brass key when releasing someone into the teaching ministry.

Either way the key represents your authority. Some are given prophetic, apostolic and teaching authority depending on their calling.

When you see a closed door or gate in the spirit, the Lord will be saying to you, “Take the key (authority) I have given you and open this door!”
This is especially relevant in the prophetic ministry where the prophet, builds up, tears down, opens doors of blessing and cursing, restricts and looses on behalf of others.

Referring to the authority to loose and to bind:

*Matthew 16:19* And I will give to you the **keys of the kingdom of heaven**: and whatever you shall bind on earth shall be bound in heaven: and whatever you shall loose on earth shall be loosed in heaven. *(GMR)*

Having authority over satan:

*Revelation 1:18* I [am] he that lives, and was dead; and, behold, I am alive for evermore, Amen; and have the **keys of hades and of death.** *(GMR)*

Referring to Jesus and His authority and Kingship:

*Isaiah 22:22* And the **key of the house of David** will I lay upon his shoulder; so he shall open, and none shall shut; and he shall shut, and none shall open. *(GMR)*

**3. Warehouse**

Taken from the entry “Barn” in the DAV Dictionary
Dreams and Visions: Positive

A full barn or storehouse always speaks of blessing and prosperity in accordance with the promises of the Lord.

See: Deuteronomy 28:8 The LORD [Yahweh] shall command the blessing upon you in your storehouses, and in all that you set your hand to; and he shall bless you in the land which the LORD [Yahweh] your God is giving you. (AMIV)

We have often seen the storehouse of the Lord in the spirit and it is overflowing with every good thing and the fulfillment of every need known to man.

There is no lack in the Kingdom of Heaven and when we have seen His heavenly storehouse, it contains gold, gems and much provision! There is a lovely description of such a vision in my book, The Journey of Tamar.

Negative

The enemy also steals from the believer and often in the spirit I have seen myself go into Satan’s kingdom and take back what he has stolen. I have seen his
storehouse also in the spirit and two doorkeepers on either side of the entrance usually guard it.

At the name of Jesus the thief that is found will return seven fold. What Satan has stolen and what the enemy’s children earn, is to be put in the hands of the righteous i.e. in the hands of every believer.

*Job 27:16* Though he heap up silver as the dust, and prepare clothing as the clay;
17 He may prepare [it], but the just shall put [it] on, and the innocent shall divide the silver.(AMIV)

(See also: Banquet, Basket, Food)

**Positive or Negative**

This dream is clearly positive. Although I am not completely sure about the relationship that this person has with her pastor, I am assuming that it is positive and that he is likely a picture of the Lord in her dreams.

When I see that, then the interpretation comes together nicely.
The Final Interpretation

Dear S,

Your pastor I believe represents the Lord in your dreams and the key speaks of being given authority and the license to loose or bind.

The warehouse speaks about the blessing and provision of the Lord. When you put these all together they make perfect sense!

To summarize the interpretation in a single sentence: The Lord has given you the authority to release and decree blessing on His behalf.

Have you been led into intercession lately? Then it is time to use the authority that God has given you! Rise up now and start speaking out His word and releasing blessing on the lives of God’s people and on your own life.

If you have faced financial struggles in your own life, then the Lord is making it clear: YOU hold the key! Take what He has already given you and speak His blessing into the earth. On an end note, this is actually a very prophetic function.

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If only all of the Lord’s prophets would rise up and use their authority to bless. We would see a miraculous turn around in the economy.
Dream 3: Honey

I dreamed that my dad suddenly moved us to a different country. It was quite a surprise, but everything was properly arranged.

The house I will stay in is a two-roomed house, small and disorderly. However, I am able to tidy it up and seems satisfactory.

I am given new rubber shoes with honey in it. I complain about why the bees put honey in it and I refuse to wear it. V

Interpretation 3: Honey

Symbols

1. Dad

Taken from the entry “Father” in the DAV Dictionary

Dreams

Assess your relationship with your father before deciding on what he represents in your dream. If you have a negative relationship, he might speak of the
enemy in your life. He might speak of your failures, weaknesses, pain hurt or conflict.

More often than not, I have found that a father figure represents God the Father in an internal or internal prophetic dream.

See Also: Man, Woman, Mother

2. House

Taken from the entry under “Buildings” in the DAV Dictionary.

Your House

To dream of being in a house speaks of your life. If you dream that your house is being built onto, it means that the Lord is about to add something to your life.

Perhaps you might dream that your house is going through a renovation which speaks of a total rearrangement that the Lord is about to take you through.

If you dream that you suddenly find a new room in your house that you did not notice before, this speaks
of a hidden talent or ability that you have not tapped into yet.

The Lord is saying that now is the time to step forward and to pick that talent up and do something with it!

If you dream that you are moving out of an old house and into a new, the message is clear. The Lord wants you to leave your past life behind and to press on now towards the new direction that He has for you.

3. **Shoes**

Taken from the entry “Feet” in the DAV Dictionary.

**Dreams and Visions**

Your feet speak of your Christian walk with the Lord. Depending on the circumstances surrounding your dream or vision, the interpretation will change.

**Romans 10:15** And how will they preach, unless they are sent? as it is written, How beautiful are the *feet* of those that preach the *gospel* of peace, and bring good news of good things!

**Positive**
If you dream that you receive new shoes, it indicates that the Lord is going to do something new in your Christian walk. Perhaps you have been going through a difficult time. This indicates that the Lord is preparing the way so that things will get easier for you.

Perhaps the shoes you see are shoes that belonged to someone you admired. The dream indicates that you are going in the same direction as that person or that you have received everything from them.

If you have a vision of your enemies being put under your feet it means that the Lord has given you the victory! This is a picture of winning the battle.

**Ephesians 1:22** And has put all [things] under his *feet*, and gave him [to be] the head over all [things] to the church,

**Negative**

If you dream that your shoes are torn, it means that you have become discouraged in your Christian walk.

If you are a man wearing woman’s shoes, it means that you are trying to do something that God never
called you to do. So no wonder you feel so uncomfortable!

If you are a woman trying to wear a man’s shoes this means the same thing. You are trying to do a task or accomplish something that was not for you to do.

If you dream or have a vision of trying to wear shoes that are too big for you, it means that you are about to be thrown into the deep end! You are about to face tasks and responsibilities that perhaps you feel ill-equipped to handle.

4. Bees

Dreams and Visions: Positive

In a positive sense they speak of blessing and of provision. Honey has very good connotations in the scripture and you can see more of that under the symbol ‘Honey’

**Judges 14:8** And after a time he returned to take her, and he turned aside to see the carcass of the lion: and, behold, [there was] a swarm of **bees** and honey in the carcass of the lion.
5. Honey

Honey

Honey speaks of the sweetness of the Lord, richness, abundance, prosperity and of luxury. The Lord spoke many promises of giving honey. It was considered a food of luxury and wealth.

If you were wealthy in those days, you ate honey! It was a delicacy and something to be sought after.

Dreams and Visions

Positive

I have often seen honey in the spirit. I remember one time the Lord saying to me, “open your mouth wide and I will fill it” then as I did I saw Him fill it with this rich thick honey that poured into my throat.

As I drank in, He told me that I was to consume His word this way. That He was going to fill me with his anointing and with his goodness.

The Lord’s nature and presence is often likened to honey. His sweetness, richness and beauty being as
honey. Honey has some wonderful meanings if you take a look in the Word:

**Speaking of blessing and prosperity:** *Numbers 13:27*
And they told him, and said, We came to the land where you sent us, and surely it flows with milk and **honey;** and this [is] the fruit of it.(AMIV)

**Speaking of the Lord’s nature:** *Song of Solomon 4:11*
Your lips, O [my] bride, drop [as] the honeycomb: honey and milk [are] under your tongue; and the fragrance of your garments [is] like the smell of Lebanon.(AMIV)

**Speaking of prosperity:** *Ezekiel 16:19*
My meat also which I gave you, fine flour, and oil, and honey, [with which] I fed you, you have even set it before them for a sweet savour: and [thus] it was, says the Lord GOD.(AMIV)

**Positive or Negative**

Dear V,

This dream is both positive and negative. Your Dad is a picture of the Lord and it is clear that your life is going through a lot of change.
Perhaps right now you feel like everything is a mess. Your Dad moving you means that the Lord wants to bring about change in your life.

He wants to give you the blessings that you have asked him for (the honey). However these blessings are going to come in a way that you do not expect them and at first you might be frustrated.

The rubber shoes speak of your walk with the Lord. It speaks of something that is unfamiliar to you. The bees although a picture of blessing, seem to be an annoyance to you in this dream.

This means that the Lord is going to bless you like He promised, but that He is going to do it on HIS terms and not on yours.

Just let go and give God control. Even though in this next while things might happen that upset or discourage you, in the end they will lead to blessing in your Christian walk.

Trust the Lord and you will surely see every single promise come to pass that He has given you.

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Final Interpretation
The DAV Dictionary

This e-book has been a special gift to make you aware of the LONG AWAITED release of the DAV Dictionary. I started the DAV Dictionary around 9 years ago and have only now brought it to completion. So you can say that it has been 9 years in the living and in the making.

Sharing personal experiences and using the Word as my standard, I will blow your mind with interpretations you just never saw before.

Up until now, we have only included a few of the symbols on our actual Dreams site. The symbols you find there are just a drop in the ocean. We have now added to those and you will soon be able to get the Dictionary in E-book format.

Not only that, but if you get the E-book, we will also give you FREE ACCESS to an online search utility. It is a one of a kind system that will allow you to look up symbols at any time.

Keep coming back though, because this is only the beginning. I will continue to update the dictionary as
the Lord gives us further revelation and understanding.

So this is a living breathing project that you can jump in on right at the beginning.

**What are you waiting for?! Get Started!**

Well I have given you enough tools to start working right away. Below I have a practical project for you to complete. If you need any help, you are more than welcome to post on our Dreams and Visions forum at: [www.way-of-dreams.com](http://www.way-of-dreams.com)

There we have our very own AMI Training College lecturers standing by to help you in any way that they can!

For now use the principles you can and if you get stuck you can always refer to the Way of Dreams and Visions book for help. (Available at [www.ami-bookshop.com](http://www.ami-bookshop.com))
You will have to be patient and wait for the release of the DAV Dictionary, but I promise to let you know the minute it is launched.

You can expect an announcement soon, so keep your eyes peeled on your e-mails!

**Practical Project**

1. **Make a list of all the people that seem to turn up in your dream.**
   - Next to each name give a description of this person and how you feel about them.
   - In light of that, what part of yourself or what part of your life do you think they symbolize in your dreams?

2. **Think back on one of your most recent dreams.**

Write down each of the characters and symbols and try to determine if each speaks of something positive or negative.

3. **What is the final message of your dream?**

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